



CANADIAN SESQUICENTENNIAL

by Deborah Edwards



Maple Leaf Forever

FREE PATTERN • 60" x 72" • By Elaine Theriault of Northcott

Northcott Canada
101 Courtland Avenue
Vaughan, Ontario L4K 3T5


Northcott USA
1099 Wall St. West, Suite 250
Lyndhurst, NJ 07071

www.northcott.com

Maple Leaf Forever

Finished Size: 60" x 72"

WOF = width of fabric

Fabric requirements	Meters	Cutting Instructions
Fabric A - #DP21358-11 Mountie Panel	1 panel	<ul style="list-style-type: none"> Fussy cut the panel so it measures 24" wide by 41 1/2" high. Should you not be able to trim to this size, adjust the size of Border One. See Tip of the Month - Using Coping Strips on Northcott's Resource Page for more details on calculating coping strips.
Fabric B - #21341-24 Red mottled print (Borders and binding)	3.5 meters	<ul style="list-style-type: none"> Cut two (2) strips measuring 3 3/4" by WOF (Border One - Sides) Cut two (2) strips measuring 2" by WOF (Border One - Top/Bottom) Cut ten (10) strips measuring 2 1/2" by WOF (Border Two - Flying Geese) <ul style="list-style-type: none"> Sub cut one hundred forty-eight (148) squares measuring 2 1/2" square Cut one (1) strip measuring 4 1/2" by WOF (Border Two - Flying Geese) <ul style="list-style-type: none"> Sub cut four (4) squares measuring 4 1/2" square Cut three (3) strips measuring 3 1/4" by WOF (Border Three) <ul style="list-style-type: none"> Join end to end diagonally Cut three (3) strips measuring 2 1/4" by WOF (Border Three) <ul style="list-style-type: none"> Join end to end diagonally Cut eight (8) strips measuring 2 1/2" by WOF (Border Five - Maple Leaf) <ul style="list-style-type: none"> Sub cut into one hundred twenty (120) squares measuring 2 1/2" Cut six (6) strips measuring 3" by WOF (Border Five - Maple Leaf) <ul style="list-style-type: none"> Sub cut into eighty (80) squares measuring 3" square Cut one (1) strip measuring 4" by WOF (Border Five - Maple Leaf) <ul style="list-style-type: none"> Sub cut into forty (40) rectangles measuring 1" x 4" Cut seven (7) strips measuring 2 1/2" by WOF (Binding) <ul style="list-style-type: none"> Join end to end diagonally
Fabric C - #21359-11 Newspaper print (Borders)	1.5 meters	<ul style="list-style-type: none"> Cut nine (9) strips measuring 2 1/2" by WOF (Border Two - Flying Geese) <ul style="list-style-type: none"> Sub cut into seventy-four (74) rectangles measuring 2 1/2" by 4 1/2" Cut six (6) strips measuring 3" by WOF (Border Five - Maple Leaf) <ul style="list-style-type: none"> Sub cut into eighty (80) squares measuring 3" square Cut six (6) strips measuring 2 1/2" by WOF (Border Five - Maple Leaf) <ul style="list-style-type: none"> Sub cut into eighty (80) squares measuring 2 1/2"
Fabric D - #21362-11 Striped Canada Words (Border)	1.7 meters	<ul style="list-style-type: none"> Fussy cut four (4) strips measuring 2 3/4" by length of fabric 
Fabric E - #21360-11 Canadian Trivia (Backing)	3.5 meters	<ul style="list-style-type: none"> Pieced cross wise

Assembly:

Inner border: Using Fabric B, cut two border strips ($3\frac{3}{4}$ ") measuring $41\frac{1}{2}$ " long. Sew a border strip to both sides of the panel. Press towards the border. Cut two more border strips (2") measuring $30\frac{1}{2}$ " for the top and bottom borders. Sew the border strips to the top and bottom. Size of quilt at this point needs to be $30\frac{1}{2}$ " x $44\frac{1}{2}$ ".

Flying geese border: Use the $2\frac{1}{2}$ " x $4\frac{1}{2}$ " rectangles of Fabric C as the bases of the flying geese units and the $2\frac{1}{2}$ " squares of Fabric B for the background. To make one flying geese unit, draw a diagonal line on the wrong side of two background squares. Place one square right sides together with the flying geese base rectangle. Stitch just slightly to the outside of the line. (Diagram 1) Trim $\frac{1}{4}$ " from the seam.

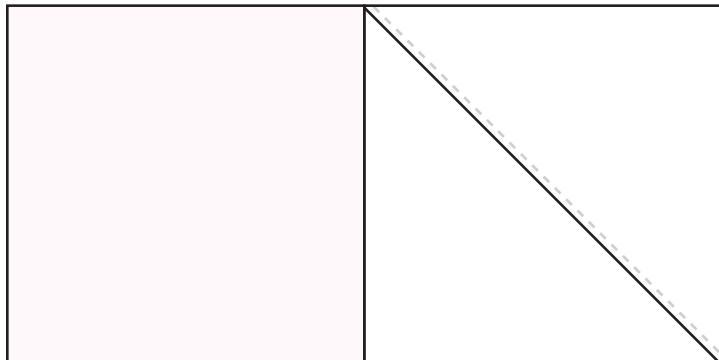


Diagram 1

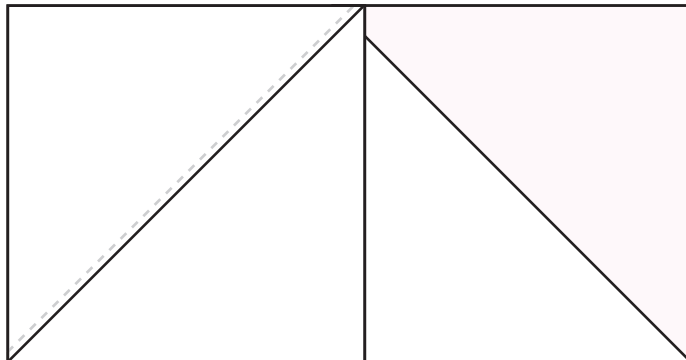


Diagram 2

Press away from the center. Repeat with the other square on the opposite side of the rectangle. (Diagram 2) Press away from the center. Trim the unit to $4\frac{1}{2}$ " x $2\frac{1}{2}$ ". Make 74 flying geese units, sew 22 units together for the side border. Make TWO borders. Sew one border to either side of the quilt, noting the orientation of one is reversed. Sew together 15 flying geese units for each of the top and bottom borders. Add a $4\frac{1}{2}$ " square to both ends and sew to the top and bottom of the quilt. Press the seams away from the flying geese border.

Border number three: Using Fabric B, cut two border strips ($3\frac{1}{4}$ ") measuring $52\frac{1}{2}$ " long. Sew a border strip to either side of the quilt. Press towards the border. Cut two more border strips ($2\frac{1}{4}$ ") measuring 44" for the top and bottom borders. Sew them to the top and bottom. Size of quilt at this point needs to be 44" x 56", including seam allowance.

Border number four: Using Fabric D, sew on the themed border using a mitered corner. If you prefer, make a straight butted corner (sew the side borders on first and then the top and bottom). If you don't want to do the mitered corner, you can always use a corner stone of Fabric C (newspaper print). Quilt should measure $48\frac{1}{2}$ " by $60\frac{1}{2}$ " including seam allowance.

Maple leaf border:

Half Square triangles: Using 80 squares (3") of each of Fabric B and Fabric C, make 160 half square triangles. Draw a diagonal line on the wrong side of the lightest of the pair of squares for the HST. Stitch a scant $\frac{1}{4}$ " on either side of the diagonal line. (Diagram 3) Cut apart on the diagonal line. Press to the red fabric. Trim the units to $2\frac{1}{2}$ ".

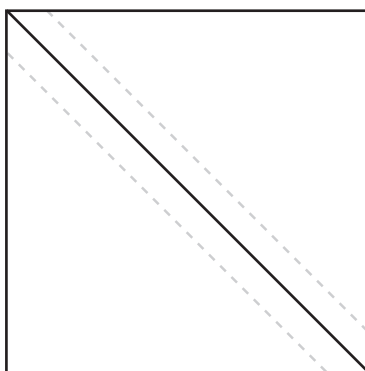


Diagram 3

The stem: Cut one $2\frac{1}{2}$ " square of Fabric C in half on the diagonal. Sew the rectangle of Fabric B (1 " x 4 ") between the two halves. Trim the unit to $2\frac{1}{2}$ ". Make 40 stem units.

Lay out the components as shown and sew together. To help reduce bulk, press the seams as shown. When you twist the blocks, the seam allowances should nest with each other.

Quilt should measure $60\frac{1}{2}$ " x $72\frac{1}{2}$ ".



NOTE: It is best to NOT prewash preprinted fabrics such as panels and border prints. The fabric goes through many processes to be delivered to the consumer and there may be some size variations. If you're unable to cut the panels to the size mentioned above, cut the pieces to a size that works for your panels and adjust any other measurements accordingly.