



NORTHCOTT
Cottons that feel like silk



FREE PATTERN • **Pillars of Strength** • 60" x 72"
by Elaine Theriault

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Pillars of Strength

Finished Size: 60" by 72"

wof = width of fabric

| Fabric requirements | Yards | Cutting Instructions |
|--|-----------|--|
| Fabric A - Panel (#39384-49) Center | One panel | <ul style="list-style-type: none"> Trim panel to 23 ½" by 40 ½" |
| Fabric B - Light blue texture (#3954-43) Panel border | ¾ yard | <ul style="list-style-type: none"> Cut six (6) strips measuring 1 ½" by wof |
| Fabric C - Dark Blue (#3937-193) Panel border, outer border and binding | 1 ⅝ yard | <ul style="list-style-type: none"> Cut two (2) strips measuring 2" by wof (panel border) Cut seven (7) strips measuring 4 ½" by wof <ul style="list-style-type: none"> Join end to end using a diagonal seam for the outer border Cut seven (7) strips measuring 2 ½" by wof <ul style="list-style-type: none"> Join end to end using a diagonal seam for the binding |
| Fabric D - Red Texture (#3954-190) Blocks | ⅝ yard | <ul style="list-style-type: none"> Cut three (3) strips measuring 7" by wof <ul style="list-style-type: none"> Sub cut fourteen (14) squares measuring 7" square |
| Fabric E - Symbols on cream (#39103-30) Blocks | ⅝ yard | <ul style="list-style-type: none"> Cut three (3) strips measuring 7" by wof <ul style="list-style-type: none"> Sub cut fourteen (14) squares measuring 7" square |
| Fabric F - Red stars (#20160-24) Inner border | ½ yard | <ul style="list-style-type: none"> Cut six (6) strips measuring 2 ½" by wof <ul style="list-style-type: none"> Join end to end using a diagonal seam for the inner border |
| Fabric G - Blue (#39387-49) Middle border | ⅝ yard | <ul style="list-style-type: none"> Cut six (6) strips measuring 3 ½" by wof <ul style="list-style-type: none"> Join end to end using a diagonal seam for the middle border |
| Backing Blue texture (#B3937-49) | 2 yards | <ul style="list-style-type: none"> Wide backing – does not need to be pieced |

Use ¼" Seam Allowance unless otherwise stated

Panel border: Piece ONE strip of Fabric B (1 ½") to both sides of one Fabric C (2") strip. Press towards Fabric C. The three strips should measure 4" wide. Trim off one end and cut a piece that measures 40 ½". Make two of these for the panel borders. Match the center of the panel border to the side center of the panel and pin. Match the ends of the panel border to both ends of the panel and pin. You may have to ease the panel border or the panel. Sew the seams. Press towards the panel border. Using a single strip of Fabric B, repeat this process for the top and bottom panel borders using the width (through the center) of the quilt as your measurement guide.

Half Square Triangle border: All half square triangles are made using the 7" squares of Fabrics D and E. Draw a diagonal line on the wrong side of all Fabric E squares. Place a Fabric E square right sides together with a Fabric D square and stitch a scant ¼" on either side of the diagonal line. Cut apart on the diagonal line. Press to Fabric D. Square all HST to 6 ½". Make a total of 28 HST.

Following the picture on the cover, piece seven (7) blocks together and sew them to the side of the quilt, making sure to match the ends and the center. Repeat on the other side of the quilt. Sew seven (7) blocks together for the top and bottom border (again – watch the orientation of the blocks). Sew to the top and bottom of the quilt.

Inner border: Using Fabric F (2 ½" strips), cut TWO pieces of fabric that equal the vertical length of the quilt (take the measurement through the vertical center of the quilt). Match the center of the inner border to the side center of the quilt and pin. Match the ends of the inner border to both ends of the quilt and pin. You may have to ease the inner border or the quilt. Sew the seams. Press towards the inner border. Repeat this process for the top and bottom inner borders using the width (through the center) of the quilt as your measurement guide.

Middle border: Using Fabric G (3 ½" strips), cut TWO pieces of fabric that equal the vertical length of the quilt (take the measurement through the vertical center of the quilt). Match the center of the middle border to the side center of the quilt and pin. Match the ends of the middle border to both ends of the quilt and pin. You may have to ease the middle border or the quilt. Sew the seams. Press towards the middle border. Repeat this process for the top and bottom middle borders using the width (through the center) of the quilt as your measurement guide.

Outer border: Using Fabric C (4 ½" strips), cut TWO pieces of fabric that equals the vertical length of the quilt (take the measurement through the vertical center of the quilt). Match the center of the outer border to the side center of the quilt and pin. Match the ends of the outer border to both ends of the quilt and pin. You may have to ease the outer border or the quilt. Sew the seams. Press towards the outer border. Repeat this process for the top and bottom inner borders using the width (through the center) of the quilt as your measurement guide.

Completing the Quilt: Layer, quilt and bind as desired.

NOTE: It is best to NOT prewash preprinted fabrics such as panels and border prints. The fabric goes through many processes to be delivered to the consumer and there may be some size variations. If you're unable to cut the panels/border prints to the sizes mentioned above, cut the pieces to a size that works for your panels and adjust any other measurements accordingly.