



**NORTHCOTT**  
*Cottons that feel like silk*

# Polar Hugs

by Deborah Edwards



Option 2

Option 1

FREE PATTERN • **Pillowcase • 36" x 20"**  
by Elaine Theriault

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# 20 Minute Pillowcase

Approximate Size: 36" by 20"

Fabric requirements <b>White and Red</b>	Fabric requirements <b>Grey and White</b>	Yard	Cutting Instructions
<b>Red/grey trees on white</b> (#22238-24) Pillow case body	<b>Polar bears on grey</b> (#22236-96) Pillow case body	1 1/8 yards	Cut one (1) piece that measures 40" (PARALLEL to the selvage) by 30". This print is directional so be careful when cutting.
<b>Grey texture</b> (#22241-92) Pillow case band	<b>Cardinals on white</b> (#22239-10)	3/8 yard	Cut one (1) piece that measures 12 1/2" by 40"
<b>Red texture</b> (#22241-24) Pillow case trim	<b>Red texture</b> (#22241-24) Pillow case trim	1/8 yard	Cut one (1) strip 1 1/2" by 40"

## Instructions:

**1)** Press the 1 1/2" trim strip in half, wrong sides together so that it measures 3/4" x 40". With raw edges aligned along the 40" length, pin the trim to the right side of the pillow case body. Baste, using long stitches and a 1/8" seam.

**2)** Lay the previously basted seam (trim to pillow case body) along a 40" edge of the pillow case band aligning the edges. NOTE: The wrong side of the pillow case body should be placed on the right side of the band. Pin or baste in place. Roll up the pillow case body. Then bring the unpinned edge of the pillow case band to the pinned/basted edge, encasing the pillow case body and trim inside the pillow case band. Align the raw edge with the pinned edge. Re-pin through all layers and sew 1/4" from raw edge.

**3)** Reach into the tube (the pillow case band) and pull out the pillow case body to turn the pillowcase band right side out; press the seam towards the pillow case band. The trim will lie flat on the pillow case body.

**4)** Create a French seam to encase the raw edge by folding the pillow case in half, wrong sides together, aligning raw edges and matching band seam. Sew a scant 1/4" from raw edges on side and end of pillow case; trim corner as shown.

**5)** Turn inside out and press the seam to one side. Lay the pillow case flat and press side and end seams so that the seam is along the edge of the pillowcase. Sew a generous 1/4" seam on the side and end, encasing the raw edges in the seam. Turn right side out and press seam to one side. You're finished!

